



TRUST QUESTIONNAIRE

RATE YOUR AREAS FROM 1-5 (1 LOW - 5 HIGH)

SECTION 1: COMMUNICATION

1. THE TEAM FEELS COMFORTABLE SHARING THOUGHTS AND OPINIONS WITH EACH OTHER
2. THE TEAM MEMBERS ACTIVELY LISTEN TO EACH OTHER
3. TEAM COMMUNICATIONS ARE CLEAR AND TRANSPARENT

SECTION 2: RELIABILITY

4. THE TEAM CAN BE RELIED ON TO COMPLETE THEIR TASKS ON TIME
5. THE TEAM CONSISTENTLY FOLLOWS THROUGH ON THEIR COMMITMENTS
6. I FEEL CONFIDENT IN THE TEAM'S ABILITY TO MEET PROJECT DEADLINES

SECTION 3: SUPPORTIVENESS

7. TEAM MEMBERS SUPPORT EACH OTHER DURING CHALLENGING TIMES
8. TEAM MEMBERS FREQUENTLY OFFER HELP TO THOSE WHO NEED IT.
9. THERE IS A SENSE OF CAMARADERIE AND MUTUAL SUPPORT IN THE TEAM

SECTION 4: RESPECT

10. TEAM MEMBERS SHOW RESPECT FOR EACH OTHERS IDEAS AND PERSPECTIVES
11. THE TEAM HANDLES DISAGREEMENTS AND CONFLICTS WELL
12. ALL TEAM MEMBERS ARE TREATED EQUALLY AND WITH RESPECT
13. WHAT ARE THE STRENGTHS OF THE TEAM IN TERMS OF BUILDING TRUST?
14. WHAT IMPROVEMENTS CAN BE MADE TO ENHANCE TRUST WITHIN THE TEAM?

SCORE ____/70

LEADERSHIP CIRCLE

Discuss collectively the lowest areas of trust you scored during the session, discuss different ways you can collectively cultivate and promote trust within the teams and create a collaborative commitment.

See extra resources on your webpage www.ellabates.com/knak

Ella Bates Corporate Training, providing high impact learning experiences to Fortune 500 companies to Union Based Environments in Air Craft Hangers to Cruise ships and Classrooms. You are promised a dynamic experience. Read more at www.ellabates.com Join us on Instagram @ellabatesttraining

CONNECT WITH US ON LINKEDIN